COLONOSCOPY PREP INSTRUCTIONS USING **CLENPIQ**

(IF YOUR PROCEDURE IS AFTER 12:00 NOON)

Several days prior to your procedure fill your prescription for CLENPIQ at your pharmacy.

Please follow all instructions carefully to ensure a good prep.

For 3 DAYS PRIOR TO COLONOSCOPY:

Avoid eating corn, seeds, popcorn, nuts & pits.

STOP any IRON supplements & FISH OIL medication.

1 DAY PRIOR TO YOUR PROCEDURE:

You may eat a low residue breakfast and lunch until 1:00 pm, (i.e., scrambled

eggs, plain white toast, white rice, chicken, or fish. NO whole grains, cereals,

oatmeal or nuts.)

1:00 pm onwards, you may drink only CLEAR LIQUIDS. NO solid foods or dairy

are allowed.

\*THIS PREP IS A SPLIT DOSE REGIMEN – 2 SEPARATE DOSES\*

At 8:00 pm: Drink one bottle of Clenpiq. Drink Clenpiq right from the bottle.

Drink the entire contents. Over the next 4 hours, prior to bed, drink five 8 ounce

glasses of any clear liquid.

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| ‘Clear Liquids’ Include:  Strained Fruit Juices (No pulp) e.g., Apple, White Grape,  Lemonade  Water  Clear Broth or Bouillon  Coffee or Tea (No Milk or Non-Dairy Creamer)  All of the following that are NOT colored RED or  PURPLE:  Gatorade or Powerade  Carbonated and Non-Carbonated Soft Drinks  Kool-Aid or Other Fruit-Flavored Drinks  Plain Jell-O, Ice Popsicles | NOT Clear  liquids:  Milk  Juice with pulp  Alcohol  Anything you  can’t see  through. |

DAY OF PROCEDURE:

1). Six (6) hours before your procedure drink the other bottle of CLENPIQ. Drink CLENPIQ right from the bottle. Drink the entire contents.

2). Over the next 2 hours drink at least three 8-ounce glasses of any clear liquid. You can have clear liquids only, NO food, No dairy.

Nothing to eat or drink for 4 hours before your

procedure. This includes hard candy, chewing gum, water,

your prep, etc. Eating or drinking may result in cancellation or

delay of your procedure.

TIPS:

You will need to stay near a toilet during your prep, you will have diarrhea.