

What is an Esophagogastroduodenoscopy (EGD)?

EGD is an endoscopic procedure that allows your doctor to examine your esophagus, stomach and duodenum (part of your small intestine). Biopsies can be taken to diagnose other diseases.

- *An intravenous (IV) catheter will be inserted into a vein in your arm to provide hydration and medication to keep you asleep during your procedure.*
- *You will receive nasal oxygen. We will monitor your heart rate, blood pressure and blood oxygen level throughout the procedure.*
- *You will rest in the recovery room after the procedure until you can tolerate liquids, walk unassisted, and have stable vital signs.*

THE ENTIRE PROCESS TAKES ABOUT 2 HOURS.

If the start of your procedure is delayed, we will do our best to keep you informed. Rest assured that during your EGD you will receive the highest quality care.

IMPORTANT

48 HOURS NOTICE IS REQUIRED FOR CANCELLATION.

IF YOU CANCEL LESS THAN 48 HOURS BEFORE YOUR PROCEDURE, YOU WILL BE CONSIDERED A “NO SHOW” AND CHARGED A \$50 FEE. THIS FEE IS NOT COVERED BY INSURANCE.

- ❑ You will receive anesthesia during the procedure, ***so a responsible adult MUST accompany you to your EGD. This person MUST bring you to the office AND then bring you home. The side effects of anesthesia are sometimes dizziness, forgetfulness and sleepiness therefore:***
 - A responsible adult must accompany you and stay with you if you take public transportation.
 - Bus, taxi, shuttle, Lyft or Uber drivers **CANNOT** be your responsible driver.
 - If you are scheduled for an **AFTERNOON** procedure, a responsible adult **MUST** accompany and **STAY** with you during the length of the procedure. If not, your procedure will be rescheduled.

- ❑ **Medication: See page 1.**

- ❑ Other Items:
 - Wear comfortable clothes.
 - Leave valuables at home or with the adult accompanying you.
 - Remove all jewelry, including body piercings.

PREPARATION: The Night Before Your Procedure

BEDTIME OR 12:00 AM, WHICH EVER COMES FIRST	<p>No solid food is allowed after midnight</p> <p>You are allowed to have clear liquids</p>
--	---

PREPARATION: The Day of Your Procedure

<p>4 HOURS BEFORE YOUR APPOINTMENT</p> <p>NO FOOD OR DRINK</p>	<p>All clear liquids MUST be completed 4 hours prior to your appointment.</p> <p>No additional liquids or your procedure may be rescheduled.</p> <p>No hard candy, chewing gum or medications.</p> <p>Nothing by mouth.</p>
---	--

AFTER YOUR EGD

For routine questions, call our office at 610-644-6755 between 7:30AM and 4:30PM.

IF YOU HAVE AN URGENT CONCERN, CALL 610-644-6755 TO REACH OUR ON-CALL PHYSICIAN AFTER HOURS.

- Rest and relax for the remainder of the day.
- We recommend that a responsible adult stay with you for 24 hours following your procedure.
- Resume your normal diet slowly and as tolerated.
- Do not drive or operate any machinery, sign any legal documents, or make critical decisions or return to work until the next day.
- Do not drink alcohol or take any unprescribed medication.