

COLONOSCOPY PREP INSTRUCTIONS USING CLENPIQ
(IF YOUR PROCEDURE IS AFTER 12:00 NOON)

Several days prior to your procedure fill your prescription for CLENPIQ at your pharmacy. Please follow all instructions carefully to ensure a good prep.

For 3 DAYS PRIOR TO COLONOSCOPY:

Avoid eating corn, seeds, popcorn, nuts & pits.

STOP any IRON supplements & FISH OIL medication.

1 DAY PRIOR TO YOUR PROCEDURE:

You may eat a low residue breakfast and lunch until 1:00 pm, (i.e. scrambled eggs, plain white toast, white rice, chicken or fish. NO whole grains, cereals, oatmeal or nuts.)

1:00 pm onwards, you may drink only CLEAR LIQUIDS. NO solid foods or dairy are allowed.

***THIS PREP IS A SPLIT DOSE REGIMEN – 2 SEPARATE DOSES ***

At 8:00 pm: Drink one bottle of CLENPIQ. Drink CLENPIQ right from the bottle. Drink the entire contents. Over the next 4 hours, prior to bed, drink five 8 ounce glasses of any clear liquid.

'Clear Liquids' Include:

Strained Fruit Juices (No pulp) e.g. Apple, White Grape, Lemonade

Water

Clear Broth or Bouillon

Coffee or Tea (No Milk or Non-Dairy Creamer)

All of the following that are NOT colored RED or PURPLE:

Gatorade or Powerade

Carbonated and Non-Carbonated Soft Drinks

Kool-Aid or Other Fruit-Flavored Drinks

Plain Jell-O, Ice Popsicles

NOT Clear
liquids:

Milk

Juice with pulp

Alcohol

Anything you

can't see

through.

DAY OF PROCEDURE:

- 1). Six (6) hours before your procedure drink the other bottle of CLENPIQ. Drink CLENPIQ right from the bottle. Drink the entire contents.
- 2). Over the next 2 hours drink at least three 8 ounce glasses of any clear liquid. You can have clear liquids only, NO food, No dairy.

Nothing to eat or drink for 4 hours before your procedure. This includes hard candy, chewing gum, water, your prep, etc. Eating or drinking may result in cancellation or delay of your procedure.

TIPS:

You will need to stay near a toilet during your prep, you will have diarrhea.