

COLONOSCOPY PREP INSTRUCTIONS USING CLENPIQ
(IF YOUR PROCEDURE IS BEFORE 12:00 NOON)

Several days prior to your procedure fill your prescription for CLENPIQ at your pharmacy.

Please follow all instructions carefully to ensure a good prep.

For 3 DAYS PRIOR TO COLONOSCOPY:

Avoid eating corn, seeds, popcorn, nuts & pits.

STOP any IRON supplements & FISH OIL medication.

1 DAY PRIOR TO YOUR PROCEDURE:

Drink only 'clear liquids' for breakfast, lunch and dinner. No solid foods or dairy products are allowed.

THIS PREP IS A SPLIT DOSE REGIMEN – 2 SEPARATE DOSES

At 6:00 pm: Drink one bottle of Clenpiq. Drink Clenpiq right from the bottle. Drink the entire contents. Over the next 5 hours, prior to bed, drink five 8 ounce glasses of any clear liquid.

'Clear Liquids' Include:

Strained Fruit Juices (No pulp) e.g. Apple, White Grape,
Lemonade
Water
Clear Broth or Bouillon
Coffee or Tea (No Milk or Non-Dairy Creamer)
All of the following that are NOT colored RED or
PURPLE:
Gatorade or Powerade
Carbonated and Non-Carbonated Soft Drinks
Kool-Aid or Other Fruit-Flavored Drinks
Plain Jell-O, Ice Popsicles

**NOT Clear
liquids:**

Milk
Juice with pulp
Alcohol
Anything you
can't see
through.

Five (5) hours prior to leaving for the endoscopy center, drink the second half of your prep. Drink the other bottle of Clenpiq. Drink Clenpiq right from the bottle. Drink the entire contents. Drink at least three 8 ounce glasses of any clear liquid.

(For example, if you plan to leave for the endoscopy center at 9.00 am the second half should be consumed between 4.00 am and 5.00 am). It **MUST** be completed 4 hours prior to your procedure.

Nothing to eat or drink for 4 hours before your procedure. This includes hard candy, chewing gum, water, your prep, etc. Eating or drinking may result in cancellation or delay of your procedure.

TIPS:

You will need to stay near a toilet during your prep, you will have diarrhea.