

UPPER ENDOSCOPY (EGD) PATIENT PREP INSTRUCTIONS

If your procedure is scheduled before 12:00 noon:

- Do not eat or drink anything after midnight.
- You must have nothing by mouth, including hard candy or chewing gum for at least 4 hours prior to your procedure.

If your procedure is scheduled after 12:00 noon:

- Do not eat any food after midnight the night before the exam.
- You may have clear liquids the morning of the examination until 8:30 am.
- Take your regular medications with sips of water, if directed to do so.
- You must have nothing by mouth, including hard candy or chewing gum for at least 4 hours prior to your procedure.