



## FIBEROPTIC SIGMOIDOSCOPY

A Sigmoidoscopy is a procedure that enables the physician to examine the lower portion of your colon by inserting a flexible scope into the anus and advancing it slowly into the rectum and the lower part of the colon. You will be lying on your side and may experience a feeling of cramping or bloating during the exam. The procedure takes approximately 5-10 minutes to perform. Following the procedure you may experience some mild cramping or bloating due to the air which has been passed into the colon during the exam. The physician will discuss the findings with you. If you have any questions, please feel free to discuss them with the physician or nurse.

Your sigmoidoscopy is scheduled for \_\_\_\_\_, please arrive at \_\_\_\_\_.

Your CoPay will be \_\_\_\_\_. You could receive up to 4 bills if your deductible or coinsurance applies. These bills are for the facility fee, physician fee, labs and anesthesia.

Please call your insurance directly with questions related to your coverage.

Your procedure is scheduled at

The Colonoscopy Center, Lansdale (815 Sumneytown Pike, Suite 110, Lansdale)

The Colonoscopy Center, Sellersville (817 Lawn Ave, Sellersville)

Your procedure will be performed by  Dr. Markos  Dr. Lukaszewski  Dr. Nam  
 Dr. O'Connor  Dr. Sun

Prior to arriving, please review our patient rights and responsibilities at  
<https://usdigestivehealth.com/privacy-policy>

If you are unable to access the patient rights and responsibilities (or you would prefer a hard copy), have any questions in regards to the prep, or if you need to change your appointment please contact \_\_\_\_\_ at 215-257-5071 ext \_\_\_\_\_.

### **IMPORTANT**

#### **72 HOURS NOTICE IS REQUIRED FOR CANCELLATION.**

IF YOU CANCEL LESS THAN 72 HOURS BEFORE YOUR PROCEDURE, YOU WILL BE CONSIDERED A "NO SHOW" AND CHARGED A \$50 FEE. THIS FEE IS NOT COVERED BY INSURANCE

## INSTRUCTIONS:

When you arrive for your procedure, please bring both a photo ID and your insurance card(s) with you.  
You can expect to be here for approximately 1 ½ hours.

You will be given the option to be sedated or not. If you chose to have anesthesia you will need a driver to and from the procedure as well as a responsible adult with you for the remainder of the day.  
Please indicate if you will or will not be choosing to have anesthesia.

- YES, I would prefer to have sedation for my sigmoidoscopy  
and I have a driver the day of the procedure**
- NO, I will not be sedated and can drive myself home**

For our female patients between the ages of 18-57: On the day of the procedure you will be asked to provide the date of your last menstrual cycle and asked if there is any chance you could be pregnant. If uncertain, we advise you to take a pregnancy test prior to your arrival or your procedure will be cancelled.

**Please no smoking the day of your procedure (cigarette, pipe, cigar, e-cigarette, and/or marijuana).**

**Please do not have anything to eat or drink after midnight the evening before your test.**

Use 2 Fleet enemas\*\* RECTALLY prior to your appointment at the following times:

Enema #1 at \_\_\_\_\_

Enema #2 at \_\_\_\_\_

\*\* The Fleet enemas may be purchased at your drug store. They come in a green and white box – see example below. PLEASE DO NOT USE A MINERAL OIL ENEMA.

