COLONOSCOPY PREP INSTRUCTIONS USING **CLENPIQ**

(IF YOUR PROCEDURE IS BEFORE 12:00 NOON)

Several days prior to your procedure fill your prescription for CLENPIQ at your pharmacy.

Please follow all instructions carefully to ensure a good prep.

For 3 DAYS PRIOR TO COLONOSCOPY:

Avoid eating corn, seeds, popcorn, nuts & pits.

STOP any IRON supplements & FISH OIL medication.

1 DAY PRIOR TO YOUR PROCEDURE:

Drink only ‘clear liquids’ for breakfast, lunch and dinner. No solid foods or dairy

products are allowed.

\*THIS PREP IS A SPLIT DOSE REGIMEN – 2 SEPARATE DOSES\*

At 6:00 pm: Drink one bottle of Clenpiq. Drink Clenpiq right from the bottle.

Drink the entire contents. Over the next 5 hours, prior to bed, drink five 8 ounce

glasses of any clear liquid.

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| ‘Clear Liquids’ Include:  Strained Fruit Juices (No pulp) e.g., Apple, White Grape,  Lemonade  Water  Clear Broth or Bouillon  Coffee or Tea (No Milk or Non-Dairy Creamer)  All of the following that are NOT colored RED or  PURPLE:  Gatorade or Powerade  Carbonated and Non-Carbonated Soft Drinks  Kool-Aid or Other Fruit-Flavored Drinks  Plain Jell-O, Ice Popsicles | NOT Clear  liquids:  Milk  Juice with pulp  Alcohol  Anything you  can’t see  through. |

Five (5) hours prior to leaving for the endoscopy center, drink the second half of your prep. Drink the other bottle of Clenpiq. Drink Clenpiq right from the bottle. Drink the entire contents. Drink at least three 8-ounce glasses of any clear liquid.

(For example, if you plan to leave for the endoscopy center at 9.00 am the second half should be consumed between 4.00 am and 5.00 am). It MUST be completed 4 hours prior to your procedure.

Nothing to eat or drink for 4 hours before your procedure. This

includes hard candy, chewing gum, water, your prep,

etc. Eating or drinking may result in cancellation or delay of

your procedure.

TIPS:

You will need to stay near a toilet during your prep, you will have diarrhea.