

COLONOSCOPY PREPARATION – MULTIDAY

US Digestive Health / Springfield ASC

- A GOOD PREPARATION IS THE KEY TO ENSURE A COMPLETE AND EXCELLENT EXAMINATION AND MINIMIZES THE CHANCES OF HAVING TO RESCHEDULE THE EXAM OR HAVE A REPEAT PRIOR TO THE “TYPICAL” GUIDELINES.
- YOUR PROVIDER HAS RECOMMENDED SOME ADDITIONAL STEPS IN ADDITION TO THE STANDARD ONE DAY PREPARATION

_____ **DAYS BEFORE PROCEDURE** – Purchase Miralax in the laxative aisle and start taking a serving (one capful/17 gm/heaping tbs in at least 8 ounces of water) **once / twice** daily.

_____ **TWO DAYS BEFORE PROCEDURE** – Purchase Citrate of Magnesia in the laxative aisle. At night, drink entire bottle (10 ounces) and at least two glasses of water. It usually works between ½ and 4 hours.

ADDITIONAL INSTRUCTIONS HERE:
