



80 LANDINGS DRIVE, SUITE 205, WASHINGTON PA 15301
PHONE: (724) 941-3020 FAX: (724) 426-7713

ANOSCOPY INSTRUCTIONS

- **Due to the sedation you will receive, you MUST have someone available to drive you home. If you use transportation, someone must be with you to accompany you after the procedure.**
- **It is important that you read, follow, and complete these instructions as directed in *this paper*.**
- **THE DAY BEFORE YOUR PROCEDURE: NO SOLID FOOD AT ALL. YOU MAY HAVE CLEAR LIQUIDS ONLY. PLEASE SEE THE FOLLOWING FOR CONTINUED INSTRUCTIONS.**

Clear liquids include anything that you see through, including: beef, chicken, vegetable broth or bouillon, apple juice, white grape juice, white cranberry juice, clear sodas (diet or regular, examples: Sprite, 7-Up, Ginger Ale, Cream Soda), Jell-O or popsicles (green or yellow only). Coffee and tea (NO milk or cream, but sugar or sweetener is OK). Avoid any liquid that is orange, red, blue or purple in color. Do not take any gum or chewing tobacco the day of your procedure.

PLEASE SEE NEXT PAGE FOR INSTRUCTIONS REGARDING MEDICATIONS. Most medications can be taken with a small sip of water but some medications are required to be stopped. Please refer to the tables on the next page for instructions.

DIABETICS: PLEASE SEE NEXT PAGE FOR INSTRUCTIONS.

INSTRUCTIONS

Purchase at any pharmacy ahead of time	One (1) fleet enema (green and white package)
Midnight on the night before your test	Do not eat or drink anything after midnight on the night before your procedure. Do not resume normal diet until after your procedure is over
One (1) hour prior to your test	Use one (1) fleet enema. Instructions for enema use can be found on the packaging.

IMPORTANT: READ YOUR FACILITY PROTOCOL ON THE REVERSE SIDE.

REPORT TO THE FACILITY CIRCLED BELOW

Washington Hospital
155 Wilson Ave. Washington, PA 15301
Report to: Parking Garage Level 2,
Main Entrance, Main Registration

St. Clair Dunlap Family Outpatient Center
1000 Bower Hill Rd. Pittsburgh, PA 15243
Report to: Main Entrance, 6th Floor Endoscopy Suite

DATE: _____

REPORT TIME:

- The facility will call you the day before your procedure. (See reverse side for info)



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BLOOD THINNERS: PLEASE REFER TO THE CHART BELOW TO SEE IF YOU NEED TO STOP ANY OF YOUR MEDS. YOU MUST CONTACT YOUR PCP/CARDIOLOGIST PRIOR TO STOPPING THESE MEDS. IF THERE IS A PROBLEM, HAVE YOUR DOCTOR CONTACT OUR OFFICE.

PLAVIX, AGGRENOX, EFFIENT, BRILLINTA	STOP 7 DAYS PRIOR
COUMADIN	STOP 3 DAYS PRIOR
PRADAXA, XARELTO, ELIQUIS	STOP 2 DAYS PRIOR
HEPARIN (SUBCUTANEOUS)	STOP THE MORNING OF

DIABETES MEDICATIONS (INCLUDES WEIGHT LOSS MEDICATIONS): PLEASE CONSULT THE TABLE BELOW FOR INSTRUCTIONS. YOU MUST CONTACT YOUR PCP OR ENDOCRINOLOGIST PRIOR TO STOPPING ANY MEDICATIONS OR ALTERING YOUR MEDICATION DOSAGE.

SHORT ACTING	EXENATIDE (BYETTA)	HOLD DAY OF PROCEDURE
	LIRAGLUTIDE (VICTOZA, SAXENDA)	HOLD DAY OF PROCEDURE
LONG ACTING	EXENATIDE (BYDUREON)	HOLD 1 WEEK PRIOR
	DULAGLUTIDE (TRULICITY)	HOLD 1 WEEK PRIOR
	SEMAGLUTIDE (OZEMPIC, WEGOVY, RYBELSUS)	HOLD 1 WEEK PRIOR
	TIRZEPATIDE (MOUNJARO)	HOLD 1 WEEK PRIOR

ATTENTION ALL PATIENTS

- PLEASE BRING YOUR INSURANCE CARD, PHOTO ID, AND MEDICATION LIST WITH YOU.
- EVERY FACILITY REQUIRES YOU TO HAVE SOMEONE WITH YOU TO DRIVE YOU HOME.
- IF YOU HAVE ANY OF THE FOLLOWING CONDITIONS AND HAVE NOT INFORMED OUR OFFICE, PLEASE CALL OUR OFFICE AT (724) 941-3020 IMMEDIATELY: MALIGNANT HYPERTHERMIA, WEIGHT OVER 300 LBS, BMI OVER 45, DEFIBRILLATOR, LATEX ALLERGY, PAST ORGAN TRANSPLANT, ON OXYGEN 24/7, NO PERIPHERAL VENOUS ACCESS REQUIRING INSERTION OF A CENTRAL CATHETER, HISTORY OF ANESTHESIA PROBLEMS, NECK/JAW PROBLEMS, DIFFICULT INTUBATION.
- IF YOU HAVE A DEFIBRILLATOR, PLEASE CALL OUR OFFICE AND PROVIDE US WITH THE NAME OF THE COMPANY/MANUFACTURER AND THE MODEL #.
- IF YOU HAVE HAD PREVIOUS ORTHOPEDIC OR A CARDIAC IMPLANT AND HAVE REQUIRED ANTIBIOTICS PRIOR TO DENTAL OR ANY INVASIVE PROCEDURE, PLEASE CONTACT YOUR CARDIOLOGIST, ORTHOPEDIC SURGEON, OR FAMILY PHYSICIAN TO INQUIRE IF ANTIBIOTICS SHOULD BE NECESSARY FOR THIS PROCEDURE.

ST. CLAIR DUNLAP FAMILY OUTPATIENT CENTER:

Ph: (412) 942-4000

- St. Clair Hospital requires you to have someone else available to stay with you for 24 hours after your procedure.

WASHINGTON HOSPITAL:

Ph: (724) 223-3786

- Washington Hospital will contact you the day before your procedure to inform you of your report time. If you are not contacted by 3:00 PM on the day before your procedure, please call (724) 223-3786.