



80 LANDINGS DRIVE, SUITE 205, WASHINGTON PA 15301
PHONE: (724) 941-3020 FAX: (724) 426-7713

ENDOSCOPY INSTRUCTIONS

PLEASE READ THE ENTIRE INSTRUCTIONS AND COMPLETE AS DIRECTED IN THIS PACKET.

DATE: _____

TIME: _____

The facility will contact you on the day before your procedure with your arrival time.

REPORT TO THE FACILITY MARKED BELOW

<input type="checkbox"/> Washington Hospital – 155 Wilson Avenue, Washington, PA 15301. Report to: Parking Garage Level 2, Main Entrance, Main Registration
<input type="checkbox"/> Tri State Surgery Center – 80 Landings Drive, Suite 101, Washington, PA 15301 Report to: First Floor, Suite 101
<input type="checkbox"/> St. Clair Dunlap Family Outpatient Center – 1000 Bower Hill Road, Pittsburgh, PA 15243 Report to: Dunlap Family Outpatient Center Main Entrance

PREP: DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT ON THE NIGHT BEFORE YOUR PROCEDURE.

Due to the sedation you will receive, you MUST have someone available to drive you home. If you use transportation, someone must be with you to accompany you after the procedure.

BIOPSIES: The doctor may take a biopsy during your test. If biopsies are taken, you will be called within 7-10 business days after your test if your results are *ABNORMAL ONLY*. We do not call you if the results are normal.

MEDICATIONS: MOST MEDICATIONS CAN BE TAKEN AS PRESCRIBED WITH A SMALL SIP OF WATER. PLEASE CHECK BOTH TABLES TO ENSURE YOU ARE NOT TAKING ANY MEDICATIONS REQUIRING SPECIAL INSTRUCTIONS.

BLOOD THINNERS: PLEASE REFER TO THE CHART BELOW TO SEE IF YOU NEED TO STOP ANY BLOOD THINNERS. YOU MUST CONTACT YOUR PCP/CARDIOLOGIST PRIOR TO STOPPING THESE MEDS. IF THERE IS A PROBLEM, HAVE YOUR DOCTOR CONTACT OUR OFFICE.

PLAVIX, AGGRENOX, EFFIENT, BRILLINTA	STOP 7 DAYS PRIOR
COUMADIN, WARFARIN	STOP 3 DAYS PRIOR
PRADAXA, XARELTO, ELIQUIS	STOP 2 DAYS PRIOR
HEPARIN (SUBCUTANEOUS)	STOP THE MORNING OF

INSTRUCTIONS FOR DIABETICS (INCLUDES WEIGHT LOSS MEDICATION): PLEASE CONSULT THE TABLE BELOW FOR INSTRUCTIONS. YOU MUST CONTACT YOUR PCP OR ENDOCRINOLOGIST PRIOR TO STOPPING ANY MEDICATIONS OR ALTERING YOUR MEDICATION DOSAGE.



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SHORT ACTING	EXENATIDE (BYETTA)	HOLD DAY OF PROCEDURE
	LIRAGLUTIDE (VICTOZA, SAXENDA)	HOLD DAY OF PROCEDURE
LONG ACTING	EXENATIDE (BYDUREON)	HOLD 1 WEEK PRIOR
	DULAGLUTIDE (TRULICITY)	HOLD 1 WEEK PRIOR
	SEMAGLUTIDE (OZEMPIC, WEGOVY, RYBELSUS)	HOLD 1 WEEK PRIOR
	TIRZEPATIDE (MOUNJARO)	HOLD 1 WEEK PRIOR

ATTENTION ALL PATIENTS

- PLEASE BRING YOUR INSURANCE CARD, PHOTO ID, AND MEDICATION LIST WITH YOU.
- EVERY FACILITY REQUIRES YOU TO HAVE SOMEONE WITH YOU TO DRIVE YOU HOME.
- IF YOU HAVE ANY OF THE FOLLOWING CONDITIONS AND HAVE NOT INFORMED OUR OFFICE, PLEASE CALL OUR OFFICE AT (724) 941-3020 IMMEDIATELY: MALIGNANT HYPERTHERMIA, WEIGHT OVER 300 LBS, BMI OVER 45, DEFIBRILLATOR, LATEX ALLERGY, PAST ORGAN TRANSPLANT, ON OXYGEN 24/7, NO PERIPHERAL VENOUS ACCESS REQUIRING INSERTION OF A CENTRAL CATHETER, HISTORY OF ANESTHESIA PROBLEMS, NECK/JAW PROBLEMS, DIFFICULT INTUBATION.
- IF YOU HAVE A DEFIBRILLATOR, PLEASE CALL OUR OFFICE AND PROVIDE US WITH THE NAME OF THE COMPANY/MANUFACTURER AND THE MODEL #.
- IF YOU HAVE HAD PREVIOUS ORTHOPEDIC OR A CARDIAC IMPLANT AND HAVE REQUIRED ANTIBIOTICS PRIOR TO DENTAL OR ANY INVASIVE PROCEDURE, PLEASE CONTACT YOUR CARDIOLOGIST, ORTHOPEDIC SURGEON, OR FAMILY PHYSICIAN TO INQUIRE IF ANTIBIOTICS SHOULD BE NECESSARY FOR THIS PROCEDURE.
- IF A BIOPSY IS OBTAINED, YOU WILL BE NOTIFIED OF ANY ABNORMAL RESULTS. WE DO NOT CALL IF YOUR RESULTS ARE NORMAL. HOWEVER, YOU CAN CALL US IN 7-10 WORKING DAYS AFTER YOUR TEST TO INQUIRE ABOUT THE RESULTS.

TRI STATE SURGERY CENTER: Ph: (724) 225-8800

- **Tri State will contact you after 2:00 PM on the day before your procedure** to inform you of your report time. If you are not contacted, please call TRI STATE at (724) 225-8800 ext. 113.
- Tri State is on the FIRST FLOOR of the building. It is directly to the left of the front entrance.

ST. CLAIR DUNLAP FAMILY OUTPATIENT CENTER: Ph: (412) 942-4000

- St. Clair Hospital requires you to have someone else available to stay with you for 24 hours after your procedure.

WASHINGTON HOSPITAL: Ph: (724) 223-3786

- Washington Hospital will contact you the day before your procedure to inform you of your report time. If you are not contacted by 3:00 PM on the day before your procedure, please call (724) 223-3786.