

CLEAR LIQUID DIET

All of the follow that are **not** colored red or purple:

7-Up

Gingerale

Coke

Coffee with sugar, **NO** cream

Tea with sugar, **NO** cream

Gatorade (Lemon/Lime drink)

Clear grape juice

Apple juice

Juice from can fruits

Jello, plain

Soup broths

Water

Popsicles

Italian ice

White Cranberry juice

PLEASE DO NOT EAT ANY SOLID FOODS WHILE FOLLOWING THIS DIET!!! NO ALCOHOLIC BEVERAGES OF ANY KIND.