

GI_DE Colyte prep instructions.

COLYTE[PEG-3350

BOWEL PREP INSTRUCTIONS

DAY BEFORE EXAMINATION:

Morning:

- * Add Colyte/Peg-3350 powder to the empty Colyte/Peg-3350 bottle.
- * Add tap water to the top fill line of the Colyte/Peg-3350 bottle.
- * Shake well until powder has dissolved.
- * DO NOT ADD anything else to the prep solution.
- * Refrigerate mixed Colyte/Peg-3350 until one hour before you are ready to drink it.
- * Follow our menu included in your packet for your Early Morning Light Breakfast.

At 5 p.m. take 2 Du/co/ax Laxative tablets, (You can buy these at your pharmacy).

FIRST DOSE OF COLYTE/PEG-3350.

- * Begin drinking FIRST DOSE of Colyte/Peg-3350 at 7 p.m.
- * Drink an 8 ounce glass of the Colyte/Peg-3350 prep every 10 minutes.
- * Only drink half(2 Liters) of the Bottle of Colyte/Peg-3350 prep at this time!

Bowel movements should begin approximately one hour after the first glass of Colyte/Peg-3350.

Bowel movements will continue for several hours after you are finished drinking the last glass of the first dose.

Feelings of bloating, fullness, and nausea are common during prep; however, this is only temporary. Once bowel movements begin, these symptoms will subside.

DO NOT EAT ANY SOLID FOOD, GUM OR CANDY CLEAR LIQUIDS ONLY!

SECOND DOSE OF COLYTE/PEG-3350

- * Begin drinking SECOND DOSE of Colyte/Peg-302-832-1545 hours before your scheduled appointment time.
- * Drink an 8 ounce glass of the Colyte/Peg-3350 prep every 10 minutes.

* Finish the second half of the Bottle of Colyte/Peg-3350 prep at this time!

Bowel movements should begin approximately one hour after the first glass of Colyte/Peg-3350.

Bowel movements will continue for several hours after you are finished drinking the last glass of the second dose.

Feelings of bloating, fullness, and nausea are common during prep; however, this is only temporary. Once bowel movements begin, these symptoms will subside.

DAY OF EXAMINATION

NO SOLID FOOD, NO FLUIDS, NO GUM, NO CANDY UNTIL AFTER YOUR COLONOSCOPY!

IF YOU HAVE ANY QUESTIONS, PLEASE CALL:

302-832-1545