Patient Name: DOB:

Procedure Date: Arrival Time:

Flexible Sigmoidoscopy Bowel Preparation

Prep items to purchase:

- 2 Fleets enema's (green & white box)

The Day Before Your Procedure

- You **MAY** eat a regular diet the day before your procedure
- Take all your normal prescription medications, unless advised otherwise

The Day of Your Procedure

• **NOTHING** to eat or drink after midnight on the day of your procedure • **THREE HOURS** prior to your arrival	• Using the directions on the enema's packaging, give yourself the first of two enemas
• **TWO HOURS** prior to your arrival	• Using the directions on the enema's packaging, give yourself the second of two enemas

Please call 610-431-3122 with any questions

Prep instructions, patient forms and FAQ's can be found on our website:
www.westchesterendocenter.com